

STEP BY STEP: DISCOVER YOUR CALLING

CONNECT **ME**

- a. Write down 3 moments in your life/family/community that have given you greatest joy.
(My example: “Facilitating a management retreat in Melaka. The executives developed a new strategy, redesigned programs, broke down silos and developed high quality relationships.”)
- b. Write down 3 moments in your life/family/community that have given you pain.
(My example: “Seeing a few kids being left behind in their academics in school. The syllabus doesn’t work, the teachers/school don’t seem to care.”)

a

b

CONNECT



- c. Share the specific experiences that give you joy (Principle 1) and pain (Principle 2) with a few people you trust and consider as good listeners. Ask them to highlight common themes in your sharing. Write down key words/phrases that resonate with you.
- d. As you look at your experiences of joy and pain and the key words, write a few sentences about how you can joyfully serve people/situations that you have a burden for. (My example: “I can bring together parents and teachers to address the challenge of children being left behind, and discern decisions towards the same direction.”)
- e. Write down your sense of calling in 7 words or less. (My example: “Helping people discern their direction in life”)

c

d

Write your calling here →

e